



Euroa Health

## **MEDIA RELEASE**

19 September 2016

### **OLD AND WISE?**

A special luncheon will be served at the Third Age Club in Kirkland Avenue on Monday October 10 to celebrate Seniors Week.

Euroa Health and the Third Age Club are organising this and other events during Seniors Week to celebrate the contribution of the “over 65s” to Euroa’s strong community life.

“We hope that a great many of Euroa and district’s older residents will book and come to the lunch” said Euroa Health Coordinator, Heather Houston. “Whether or not you consider yourself “old” or just “wise”, we would love to see a large turnout for a great lunch and conversation. A two course meal will be prepared by Euroa Health hospitality staff, and Euroa Health CEO, Wayne Sullivan, will speak about aged care services in our community” said Mrs Houston.

Other events during Seniors Week will include a mystery tour bus trip, free “come and try” supported sessions at Euroa Health’s gym, and an open exercise group session at the Third Age Club.

Lunch bookings can be made by telephoning Euroa Health reception on 57 950 200 or Heather Houston on 57 952 116. Cost for the lunch is \$10, and bookings are requested by October 3 to assist with catering.



Guest performer Mick Tenace with boot scooters Joan Osbourne, Roma Joyce, Linda Jukes and Pam Vaughan were in action at the Third Age Club recently. The Third Age Club and Euroa Health enjoy a solid partnership delivering more activities and events for the “Over 65s” in Euroa and district.