# **Urgent Care Centre**

Our Urgent Care Centre is located on Kennedy Street Euroa and available to the entire community when Euroa Medical Family Practice in Binney Street Euroa is closed, so that the on-call General Practitioners are available for us (6pm to 6am every night and all day Sunday)

# When to attend our Urgent Care Centre

- Pain
- Earache
- Common cold, flu, cough or fever
- Cuts, scrapes or lacerations
- Allergies and rash (with or without a fever)
- Mild asthma or croup
- Sprains and strains
- Sore throat
- Urinary Tract Infection
- Nausea, vomiting and diarrhoea
- Support with chronic health care as needed

#### When to call 000

- Any shortness of breath or difficulty breathing
- Any symptoms of a heart attack including chest pain in the left arm or jaw, sudden weakness or dizziness
- Signs of a stroke such as numbness, slurred speech, severe headache, weakness on one side of the face or loss of consciousness
- Life or limb threatening injury

Euroa Health's Urgent Care Centre DOES NOT HAVE ACCESS TO XRAY facilities during its opening hours, so should you have a suspected fracture please present to another local Emergency Department.





Last year 181 children attended our Urgent Care Centre and our Community Advisory Committee suggested that it could be made more child friendly, which has seen the gorgeous addition of a child-friendly corner with Australian Native Animals decals and paediatric equipment.

#### COST

**\$60** payable to Euroa Health on the day (eftpos available) and **50% off for Euroa Health Inc.** members **\$30 AND \$50** billed separately at the discretion of the Euroa Medical on-call Doctor.

Advice cannot be given by telephone, please attend our Urgent Care Centre for assistance



#### Euroa Health Inc.

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Euroa Health acknowledges the Taungurung people of the Kulin nation, as the traditional custodians of the land on which we work. We pay our respects to elders past, present and emerging. Euroa Health is committed to embracing diversity and welcomes all people.

# Euroa Health Our community,

Your Town Your Hospital - why go out of town?



- Community Gym
- Imaging Services
- Meeting facilities
- Public and Private Hospital beds available
- Urgent Care Centre
- Volunteer opportunities

Our Vision Our Community, living well

**Our Mission** To be the preferred provider for our community that delivers high quality individualised care and services

Our Values Kindness-Respect-Safety
-Teamwork-Trust



To become a member, scan the code and complete the form.

Euroa Health Acute Hospital is continuing to support the Euroa Community through a range of healthcare services. Our Acute Hospital has once again undergone Private Hospital Registration and National Standards Accreditation in 2023.

We aim to provide services for community to stay close to home, as well close to your friends and family. Patients of our Acute Hospital and our Urgent Care Centre say that the care is above and beyond, the rooms are spotlessly cleaned and the food is wholesome, tasty and freshly prepared onsite by our team of Chefs.

In 2022 we developed a 5-year strategic plan, and through consultation with community we heard that the reopening of Imaging Services (XRAY and Ultrasound) was of highest importance for community members. We opened the service in September 2022 and this is now one less reason for you to drive out of town.

We are pleased to have Ultrasound on Wednesdays (additional days are made available to meet Community demand) and XRAY is available each Tuesday and Thursday morning.





### Gym

Our modern and spacious gym is located in the heart of Euroa Health Acute Hospital building and can be conveniently accessed via Weir Street.

While our gym is at times used for therapy sessions for our patients and residents, the gym remains open as a community owned gym. Our gym is fully equipped with cardio machines including cross trainers, rowing machines, treadmills, steppers, bikes, cable machines, free weights, exercise balls, medicine balls, balance equipment and much more.

Euroa Health offers a single, concession or couple gym membership options, which require a compulsory primary membership of Euroa Health Inc. New gym members are required to fund and undertake a one-on-one gym assessment with our Exercise Physiologist to learn how to use the equipment safely and effectively to ensure best program outcomes.

Using our gym can be helpful for anyone to achieve their health and fitness goals whether it be weight loss, muscle development or rehabilitation and a gym program can be tailored to suit you if required.

Gym Members have unrestricted access to the Gym during the following hours;

Monday – Friday: 6:00am-9:00am & 3:30pm-8:00pm

Weekends & Public Holidays: 6:00am – 8:00pm

• 50% off Urgent Care attendance (\$60.00 presentation fee)

- Voting rights at Special and Annual General Meeting
- Free admission to education/training sessions to be provided by Euroa Health once a quarter during the 2023-2024 year
- Euroa Health Membership is needed to join our Gym.

# 2023/2024 Euroa Health Inc. Membership fees

Single \$50.00 Couple \$65.00 Family \$75.00 Concession/Student \$40

Corporate packages (for businesses to purchase bulk Single Memberships to reward and recognise staff)

Gold \$1,500.00 - 50 Single Memberships Silver \$800.00 - 25 Single Memberships Bronze \$350.00 - 10 Single Memberships

## **Gym Memberships**

(payable in addition to the Euroa Health Membership fee)

Single \$159.00 Couple \$318.00 Concession \$107.00

(This includes payment for a gym assessment and an access pass. If you are a renewing member those amounts will be deducted from the amount payable)



To become a member, scan the code and complete the form.